

# QLaser Solutions - November 2009

## *Laser Training with Dr. Larry Lytle*

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### **Laser Frequency Water**

Are you caught up in the bottled water mania thinking that bottled water is safer and better for you than tap water? Are you concerned about our environment? If you answered "yes" to either of these questions, the following statements from "*Bottlemania: How Water Went on Sale and Why We Bought It.*" by Elizabeth Royte will shock you.

- Americans spent nearly \$11 billion on bottled water in 2006
- Pepsi, which owns Aquafina, spent \$20 million marketing bottled tap water to Americans in 2006. Coco Cola has also admitted to using tap water in their brand of bottled water.
- In 2007, Americans drank over 29 gallons of bottled water each
- U.S. bottled water reached nearly 9 billion gallons last year
- Americans drink more bottled water than any other beverage except carbonated soft drinks
- Americans use about 1 billion bottles of water a week. 1 billion!
- A bottle that holds 1 liter of water requires 5 liters of water to make the bottle
- Expensive bottled water may have come from a well in an industrial facility parking lot. In fact, up to 40% of bottled water is plain old tap water and may or may not have received additional treatment.

Plastic bottles are not safe. They further deplete our oil reserves, contaminate our environment, uses up our land fills and consumes valuable resources to recycle them.

- It is estimated that for every plastic bottle manufactured, it uses the equivalent of about one inch of oil in the bottom of the bottle – that is 52 billion inches of oil a year. A good mathematician can compute how many barrels of oil this amounts to each year.

- Much of the bottled water is in polyethylene

terephthalate (PET) containers, Antimony, a toxic element, leeches from these PET bottles based on exposure to sunlight, higher temperatures, and varying pH levels.

- One study that looked at 63 brands of bottled water produced in Europe and Canada found concentrations of antimony that were more than 100 times the typical level found in clean groundwater which is 2 parts per trillion. It also found that the longer a bottle of water sits on a shelf in a grocery store or in your refrigerator, the dose of antimony increases.

- The manufacturing process of PET bottles releases phthalates, which have been found to cause birth defects in animals.

- Plastic bottles of all kinds can leach chemicals like BPA into your beverage.

If you don't trust the municipal water source, then buy your own reverse osmosis filter and purify your own water and store it in a glass bottle in your refrigerator. This will only cost pennies per gallon. If you don't want to invest in a reverse osmosis unit then buy purified water delivered to your kitchen in 5 gallon glass bottles for around \$1.00 a gallon or fill your own glass bottle at your super market for around 40 cents a gallon. Do the math. If you drink the recommended amount of water – that is 2 quarts (or more) of bottled water daily at a cost of from 40 cents up to \$1.00 or more per liter, your yearly cost of drinking water is a minimum of \$360 a year up to \$900 a year per house hold member. You can buy the very best reverse osmosis water purification unit for less than what you would spend in one year on bottled water and be assured that are getting good water. You not only save money and are assured of good clean purified water, you also save our valuable natural resources and stop polluting our environment with billions of plastic bottles.

In this article on water, I have saved the best for last. Researchers have known for generations that water has memory. This is made very clear in the movie "What the Bleep Do We Know". It features a section on Dr. Masaru Emoto and his Messages from Water and The Hidden Messages in Water.

Dr. Emoto has proven that thoughts, feelings and focused intentions through written and spoken words and music can change our water.

Essentially, Dr. Emoto captured water's 'expressions.' He developed a technique using a very powerful microscope in a very cold room along with high-speed photography, to photograph newly formed crystals of frozen water samples. Water samples from extremely polluted rivers expressed the 'state' the water was in.

Dr. Masaru Emoto discovered that crystals formed in frozen water reveal changes when specific, concentrated thoughts are directed toward them. He found that water from clear springs and water that has been exposed to loving words shows brilliant, complex, and colorful snowflake patterns. In contrast, polluted water, or water exposed to negative thoughts, forms incomplete, asymmetrical patterns with dull colors.

Since everything in the universe are just a little squiggly waves of light that Einstein called a photons that vibrate at various frequencies, then it stands that the thoughts, feelings and intentions captured by Emoto in his water crystals are also vibrations or frequencies.

Hannaman the father of Homeopathic Medicine over two hundred years ago based Homeopathic Medicine on the principle that water stores vibrations or frequencies and the body can utilize these frequencies when the remedy is placed under the tongue or else where in or on the body or even within the body's aura.



The new break through in treating water is to use the Q1000 laser to apply frequencies to water. It is simple. Just apply mode three of the Q1000 laser to your glass bottle of reverse osmosis water for on cycle. The proprietary frequencies of mode three are now stored in the water and will be released when the water is consumed. Rather than use these proprietary frequencies of mode three, it is possible to personalize your frequencies and have them placed in your Q1000 by using *Innate Wisdom*, a workbook to help you select your own beneficial frequencies.

I have a theory that by applying two Q1000 lasers with complimentary frequencies opposite

one another to a 5 gallon glass bottle of purified water; the amplitude is increased creating a soliton wave with a vortex of energy that is even more beneficial to the body. This theory is based on the fact that three underground streams of water come together at Lourdes, France and creates an undisputable healing energy that is not available from the individual streams. Some conventional or western medicine thinkers may pooh-pooh this type of theory, but I remind the reader that much of physics is just theory including Einstein's theory of General Relativity.

The implications of treating water with frequencies from multiple diode lasers that can produce a soliton wave (a single diode laser regardless of the wavelength cannot produce soliton waves) create a new awareness of how we can positively impact the earth and our personal health.

To get the best benefit from your lasered water, drink at least four glasses of room temperature lasered water every morning at least 45 minutes before eating. Throughout the day drink at least four more glasses between meals. Drinking water or any liquid with meals dilutes your digestive juices and slows digestion.

*As you know, one of the reasons I developed QLasers was to help you take back control of your own health ... to give you back what others have taken (or you have given because you didn't know any better.) The following article by Dr. Mercola ([www.drmercola.com](http://www.drmercola.com)) suggests many of the same things I've been saying for years, but is offered as additional proof of the need for you to take back control of your own health.*

## **History Proves Many Doctors' Recommendations are Disasters**

By Dr. Mercola

A pill for this ... an operation for that. There is no end to the ways that modern medicine can make you bigger, better, stronger, sexier, healthier ... right?

After all, a prescription drug is the panacea for just about anything that makes your body less than perfect, isn't it?

And you can always count on your doctor to give you accurate, reliable information ... wouldn't

you agree?

A closer look might suggest otherwise.

Most of you know that the U.S. spends far more on health care in actual dollars and as a percentage of GDP than does any other country. Much of it is due to the constant research and development of new drugs, the deep pockets of big pharmaceutical companies, the cost of malpractice insurance, managed care, and expensive government programs such as Medicare and Medicaid.

Yet, the U.S. ranks embarrassingly low among industrialized countries in both life expectancy and infant mortality. The U.S. now ranks LAST out of 19 countries for unnecessary deaths – deaths that could have been avoided through timely and effective medical care. The reasons for this are complex and often debated; however, one contributing factor often NOT considered is the risk of medical treatment itself.

How dangerous is conventional medicine?

One-third of adults with health problems reported mistakes in their care in 2007, and rates of visits to physicians or emergency departments for adverse drug effects increased by one-third between 2001 and 2004.

Additionally, the Centers for Disease Control (CDC) reported that drug overdoses killed 33,000 people in 2005 -- second only to car accidents in the category of accidental deaths -- up from 20,000 in 1999, and 10,000 in 1990. Contrary to popular belief, this major increase in drug overdoses is not due to a heroin or crack epidemic. These deaths are largely due to prescription drugs. In addition to accidental prescription drug overdoses, an estimated 106,000 hospitalized patients die each year from drugs that, by medical standards, are properly prescribed and properly administered!

Why Do You Place Such Blind Trust in Your Doctors?

A Gallup Poll from December of 2006 compared how people rated the honesty and ethical standards of people of various professions. Doctors were rated “very high” for honesty and ethics and were fourth from the top of the list at 69 percent, exceeded only by veterinarians, pharmacists and nurses, who rated highest. In other words, 69 percent of people polled believed their doctors were honest and ethical.<sup>2</sup>

The Harris Poll from July of 2006 compared how likely people are to trust another person, based on the other’s profession. Doctors topped this list -- 85 percent of the people polled believed they could trust their doctors, followed by 83 percent for teachers, and 77 percent for scientists.

Do you trust your doctor because he or she has earned it?

Or, do you trust your doctor because you have been brainwashed by 50 billion dollars a year of advertising by the food and drug industry, causing you to fear that you will suffer some awful fate if you don’t opt for the latest pill, surgical intervention or delight in the latest “necessary” procedure?

### More Information About Swine Flu

News is just “news” - not the absolute truth, so let’s put swine flu (H1N1) into perspective. What are the symptoms of Influenza A (H1N1)? Fever, Headache, Cough, Sore throat, Runny & stuffy nose, Extreme fatigue, Muscle aches, Nausea, vomiting & diarrhea. So, just about anyone could have swine flu.

To date, swine flu has reportedly caused 1154 deaths worldwide. Europe has had 34 deaths from 16,556 confirmed cases. Given that countries are no longer required to test and report individual cases, the number of cases reported actually understates the real number of cases.

However, the odds are still hugely in your favor as relating to swine flu being a cause of death.

Consider the odds of:

* Death by assault ...	331/1
* Death by poison ...	1,400/1
* Death in a car crash ...	5,000/1
* Death by lightning ...	71,000/1
* Death in the bathtub ...	807,000/1
* Death by swine flu ...	8,000,000/1

That’s right! You are 9.91 times more likely to die in the bathtub than you are to die from swine flu.

Who benefits by promoting the fear associated with swine flu? You can probably guess ...

... Big Pharmaceutical.

If you are concerned about swine flu, Mode 3 of the Q1000 is beneficial for canceling many virus and bacteria. Follow the direction in your *Laser Users Manual* (LUM) under colds/influenza on

page 58.

Any flu is ultimately controlled by the immune system. To enhance the immune system, apply Mode 3 of the Q1000 to the thyroid for one cycle and follow the protocol for enhancing the immune system in your LUM on page 37 under Auto Immune Diseases. (There is no need to apply the Q1000 to joints) There are pictures of where to apply the Q1000 laser for enhancing the immune system under Prevention and Maintenance page 109.

Special Swine Flu canceling frequencies can be programmed into the Q1000. Buy my book *Innate Wisdom* from your Distributor and follow the guidelines to determine the beneficial custom frequencies that YOU need – then send you laser to Tri Tech Manufacturing for programming. After programming apply the lasers as explained above.

### **Stroke & Low Level Laser Therapy**

Researchers at University of North Carolina Hospitals in Chapel Hill have joined a large international study to determine the effectiveness of near-infrared laser light therapy delivered to the brain within 24 hours of a stroke.

The treatment involves a handheld device which delivers high-intensity near-infrared laser light through the skull and deep into the brain. At the wavelength delivered, it is thought the light helps generate cellular energy to brain areas affected by the stroke.

“It buys the brain time to restore blood flow to the area by providing a limited amount of energy,” said Dr. David Y. Huang, assistant professor of neurology in the UNC School of Medicine and associate director of the UNC Stroke Center at UNC Hospitals.

Stroke is the No. 3 killer in the United States. It’s also a leading cause of serious, long-term disability. Many survivors are left with mental and physical disabilities.

For strokes caused by blood clots in the brain, the only FDA approved treatment for stroke is tissue plasminogen activator (tPA). But the clot-dissolver is effective only if given promptly. Intravenous treatment must be started within three hours of the onset of stroke symptoms. Only five percent of patients with stroke receive this rapid intervention – many people don’t get to the

hospital in time or awoken with stroke symptoms.

The new treatment being tested could push the critical treatment time beyond 12 hours after stroke symptoms begin.

In June 2007, a report in the journal *Stroke* described the results of a preliminary study of the laser light therapy. The double-blind, randomized trial enrolled 79 stroke patients, who were given active treatment, and 41 stroke patients who received sham (no laser) light treatment at an average of between 17 to 18 hours after stroke onset. Outcome measures were based on National Institutes of Health Stroke Scale (NIHSS) scores and other widely used stroke outcome measures.

More of the patients in the active treatment group had successful outcomes as measured by NIHSS (70 percent) than was the case in the control group (51 percent). The difference remained significant when stroke severity and time to treatment as well as severity alone were taken into account, the authors reported.

At 90 days, the active treatment group also showed more successful functional outcomes (59 percent) than the control group (44 percent).

*Stroke is one reason why you should never leave home without your Q1000. As with most acute conditions, the body responds better ... and heals faster and better ... when you are able to get your Q1000 on the area as quickly as possible after the incident.*

*In cases of stroke, apply your Q1000, Mode 2 directly to the side of the head where the stroke occurred.*

What would you like to see Dr. Lytle talk about in upcoming issues of *QLaser Solutions*?

Are there questions you’ve always wanted to ask, but just have never got around to it?

If so, this is your opportunity!

Please email any questions you might have for Dr. Lytle to: [kip@rapidnet.com](mailto:kip@rapidnet.com) ...

Or, if you prefer, mail them to: Q1000 Solutions, 520 Kansas City Street, Ste. 201, Rapid City, SD 57701

Your question(s) will be forwarded to Dr. Lytle and answered in future editions of *QLaser Solutions*.