

QLaser Solutions - August 2009

Laser Training with Dr. Larry Lytle

Note: the opinions and ideas presented in the "Laser Training with Dr. Larry Lytle" section of this newsletter are those of Dr. Lytle only. No medical treatment claims are made or implied by the manufacturer of this laser equipment, Business Wizards, Inc., QLaser Solutions, nor any distributor associated with this equipment. This equipment is sold and intended for veterinary use.

Advice on Water

DRINK WATER ON EMPTY STOMACH.

It is popular in Japan today to drink water immediately after waking up every morning. Furthermore, scientific tests have proven its value. We publish below a description of use of water for our readers. For old and serious diseases as well as modern illnesses the water treatment had been found successful by a Japanese medical society as a 100% cure for the following diseases:

Headache, body ache, heart system, arthritis, fast heart beat, epilepsy, excess fatness, bronchitis, asthma, TB, meningitis, kidney and urine diseases, vomiting, gastritis, diarrhea, piles, diabetes, constipation, all eye diseases, womb, cancer and menstrual disorders, ear nose and throat diseases.

METHOD OF TREATMENT

As you wake up in the morning before brushing teeth, drink 4 x 5 oz glasses of water.

Brush and clean the mouth but do not eat or drink anything for 45 minutes. After 45 minutes you may eat and drink as normal.

Do not drink anything for 15 minutes before and 2 hours after breakfast, lunch and dinner.

If you are unable to drink 4 glasses of water at once, commence by taking a little water and gradually increase it to 4 glasses in the morning.

The above method of treatment will cure diseases of the sick and others can enjoy a healthy life. The following list gives the number of days' treatment required to help reduce main diseases:

- . High Blood Pressure - 30 days
- . Gastric - 10 days
- . Diabetes - 30 days
- . Constipation - 10 days
- . Cancer - 180 days
- . TB - 90 days
- . Arthritis patients should follow the above treatment only for 3 days in the 1st week, and from 2nd week onwards - daily.

This treatment method has no side effects, however at the commencement of treatment you may have to urinate more frequently than you consider "normal."

It is better if we continue this and make this procedure as a routine work in our life.

Drink Warm Water and Stay healthy and Active!
This makes sense. The Chinese and Japanese drink hot tea with their meals, not cold water. Maybe it is time we adopt their drinking habit while eating! Nothing to lose, everything to gain.

For those who like to drink cold water, this article is applicable to you. It is nice to have a cup of cold drink after a meal. However, the cold water will solidify the oily stuff that you have just consumed. It will slow down the digestion.

Once this "sludge" reacts with the acid in your system, it (the oily sludge) will break down and be absorbed by the intestine faster than the solid food. It will line the intestine. Very soon, this will turn into fats that can lead to health problems. Therefore, it is best to drink hot soup or warm water after a meal.

By now, I'm sure you have all heard/read the news regarding the terrible amount of plastic water bottles that we put into landfills every day. I strongly encourage you to drink your tap water ... after you have lasered it with Mode 3 of your Q1000. It will be better for you than purchased bottled water (which many times is tap water anyway) and will not contribute to pollution.

Some Helpful Hints On Back Pain

Apply the QLaser System as instructed on page 38 of your Laser Users Manual for your back pain. Be sure and apply mode 1 of the Q1000 to the proprioceptive points as shown on pages 6-8. Then follow these helpful suggestions.

On your back first and then your side, use tennis ball under your butt and in the small of the back and roll around on it. Be gentle. When you find an especially sore spot breath in deeply and exhale slowly until the muscles release.

Next - go to any bicycle store and get a used racing bike inner tube. Lying on your back - place a firm round pillow under your butt. Put the inner tube around your neck and one shoulder, then hook it over your foot - hold on to the inner tube

with your hands and guide your hip in rotation motions – bike peddling motions - be innovative - repeat on other leg.

When you have a bad back and hip, the muscles in that area are “king” and they must be released and detoxified and if the cartilage in your hip is thin – you need to grow more cartilage. Call your distributor and order Regalzyme for cleaning up extra cellular debris and Laser Assist Compound for rebuilding cartilage. Take 3 Regalzyme between meals on an empty stomach three times a day. Take one teaspoon of Laser Assist Compound in the morning and one in the evening – wash down with a glass of water.

After one month if the back is still bothersome – read Appendix A in my Low Level Laser User’s Manual and read my book Healing Light and learn about proprioception points and Miracle Bite Tabs

Dear Dr Lytle: Thank you for your phone call last Wednesday and the email you sent. We are impressed and flattered that you would actually contact us in person. We have read the manual but still have some questions as we get started that we'd appreciate you input on. The MOST IMPORTANT deals with my wife's macular degeneration. We would very much like as much elaboration on exactly what you do and your own personal experience with this disease as possible. First, we don't want to inadvertently do any harm to her eyesight. Secondly, we want to maximize the potential benefit of the Q1000 for her. Her eyesight has deteriorated over the past three years to the point that she now needs a magnifying glass and especially bright light to read.

Regardless of which frequencies used and even if you use the Q1000 for one cycle or 3 minutes, it will not cause any further damage to your wife’s ... it will not cause damage - period. If you do not see improvements in her vision in one month I suggest you use Innate Wisdom and discover the personalized frequencies she needs for maximum results. Apply that mode over each eye for one cycle (80 seconds) every other day for two weeks, then twice a week and as your vision improves use it weekly. No one can guarantee that this will halt your ARMD – but it did stop mine according to my eye doctor – however I still have not regained

my visual acuity due to presbyopia and floaters.

Regarding skin conditions, there is no mention of lichen planus. What are your instructions for its treatment?

Lichen Planus (LP) is an inflammatory disease that affects the skin, the mouth (oral), or both. It may also affect the genital skin. LP occurs most frequently in middle-aged adults. The cause of LP is not known but most dermatologists believe it can be classified as an autoimmune disease. For lichen planus apply the 660 Enhancer for 1 – 2 minutes per site every other day and as soon as it starts drying up – reduce to twice a week and eventually to weekly

Could you please advise how effective your laser equipment might be to eliminate cancerous tumors in the colon?

I do not know of any laser company that will tell you their laser will cure cancer. The QLaser does not kill anything. The QLaser System works at the cell level and restores electrons to injured and damaged cells plus it has the ability to penetrate to any cells in the body. When energy is restored to cells, the immune system is enhanced, and the body can heal itself. There is a protocol for using the QLaser System for enhancing the immune system and restoring cellular energy in your Laser User’s Manual.

More Suggestions For Cancer

Melissa spoke to me about the reoccurrence of your cancer. I am sorry to hear that but keep a positive attitude and a strong immune system and you will win. I suggest that you do the following immediately.

1. Make. place, adjust and wear Miracle Bite Tabs day and night as directed.
2. Take 3 Regalzyme 4 times a day between meals on an empty stomach.
3. Take one teaspoon of Laser Assist Compound morning and one evening.
4. Take one tablespoon of Belly Gelly at bedtime.
5. Take two capsules of GeneFlora in the morning and two at night with meals.
6. Practice breathing rhythms as directed in my book Energy Transcendence.
7. Meditate - use the guide in Energy Transcendence to control fear.

8. Using my book *Innate Wisdom*, test for frequencies that might be more beneficial than Mode 3 of your Q1000, then call your distributor and get directions how to have them programmed into your Q1000.

9. Meanwhile - using testing as described in *Innate Wisdom* test to determine how often to apply mode 3 and use accordingly directly over the bone cancer.

10. Apply mode 3 to the immune system as directed in the Laser User's Manual.

Another Reason To Avoid Pain Medications

As if you needed another reason! Just in case you (or someone you know) isn't quite convinced yet ...

Anti-inflammatory drugs raise the risk of dementia.

By Mary Brophy Marcus, USA TODAY

Millions of people who use non-steroidal anti-inflammatory drugs (NSAIDs), such as naproxen and ibuprofen, shouldn't bank on the drugs helping them ward off dementia.

A study in this week's *Neurology* suggests that increased use of the NSAID pain relievers may actually raise the risk of cognitive decline.

Researchers followed 2,736 members of Group Health who were an average age of 75 at the study's start. Participants were tracked for 12 years to see if they developed dementia, including Alzheimer's disease. Participants' pharmacy records were evaluated for use of prescription and over-the-counter pain relievers, and they were questioned about their NSAID use as well.

Results showed 351 people had a history of heavy NSAID use at the study's start, while 107 people became heavy users during the follow-up period. Heavy users took at least one NSAID a day for at least 16 months of a two-year period.

During the study, 476 people developed dementia, and heavy NSAID users had a 66% higher risk of developing the condition than those with low or no use.

Study Finds Laser Treatment Can Significantly Reduce Cholesterol, Triglycerides

APRIL 1, 2009--A new study, designed to evaluate the efficacy of laser therapy for reducing cholesterol and triglyceride serum levels, revealed that 75 percent of participants realized an overall reduction in cholesterol serum of 16.1 points.

The clinical study was originally designed to investi-

gate how dissolved fat affects body chemistry. But while monitoring lipid and cholesterol levels, the research team discovered a trend indicating that laser light could disrupt cholesterol formation. "We know that cholesterol and its production are highly regulated by transcription factors, so the possibility to alter cholesterol serum levels theoretically exists," said Maloney. "Since low-level laser therapy was proven to affect transcription factors, we wanted to determine if laser therapy could serve as a subtle, non-invasive instrument to lower cholesterol and triglyceride serum levels."

Twenty volunteers between the ages of 18 and 65 participated in the non-controlled, non-randomized study. Participants received low-level laser treatments three times per week for two weeks, with each treatment session lasting approximately 40 minutes.

Treatments were administered across the abdomen and waist area, and wrapping around the lower back--an area that generally contains the most concentrated pockets of subcutaneous fat. The laser produced 17.5 milliwatts of energy at 635 nanometers.

The 75 percent of study participants that demonstrated overall reduction in cholesterol serum levels, had a reduction ranging from -1.0 to -31.0 mg/dL. For those participants demonstrating an overall reduction in cholesterol serum levels, 93 percent experienced a reduction in LDL levels (commonly referred to as "bad cholesterol"), with 47 percent revealing a reduction in LDL levels without experiencing a reduction in HDL levels (or "good cholesterol"). Of the 20 participants, 60 percent demonstrated a reduction in triglyceride levels.

"We were incredibly surprised by these findings, especially given that we stumbled upon this observation by accident," said Maloney. "It's exciting to see laser technology shift in the direction of treating chronic conditions with the potential to one day serve as a viable alternative to leading prescription medications used to treat high cholesterol." "Low-level laser therapy is gaining popularity across the medical community as an effective form of preventative medicine, and I think this trend will certainly continue in the future," he said.

New Testimonials

Let me tell you what happened today. I whacked my hand against the television in my haste to answer the front door. Almost immediately to became black and blue and hurt "like the devil." Immediately I put Q1000 on it for 1 cycle followed by ice. The pain vanished almost immediately, and the black and blue mark is also almost gone! Catherine, Dower-Gold, Holyoke, MA

(From a distributor's client) Dear Valerie:

Sorry this is so late in coming. I want you to know how the Q1000 has helped us in many many ways - for my sisters and me.

ROTATOR CUFF INJURY: just after a few treatments I am able to raise my arm full length. (This was an old injury that my orthopedic doctor said I would have to have surgery otherwise that shoulder would be useless!) To tell you the truth, I am not a "doctor person".

TENNIS ELBOW: Reinjury - not being aware that I had twisted my arm sometime during the day, it was not until evening that I could barely use that arm the pain was so acute. I kid you not, 1 treatment that evening with that amazing "toy" the pain totally disappeared! Seemed like a miracle.

PAIN-PAIN-BOTH KNEES: In 2008 my primary doctor told me that he was admitting to hospital RIGHT NOW after reading the MRI report. Could not put weight on the left knee - excruciating pain - gave me OxyCon to relieve pain, which I did not take, and told him I had to work on my income taxes and refused to be admitted .. I limped along for several months until you introduced me to the Q1000. I have used it almost daily and the pain has DISAPPEARED! Another miracle.

SHINGLES: My sis was stricken with shingles over a year ago which left the left side of face in a "slackened" position, including lips- not unlike a stroke victim. I've been using the Q1000 on that side of her face & lips and lo and behold, the face is appearing more normal.

SINUS: Have had a sinus infection for years which did not respond to any treatment, doctor told me he had never seen anything like it - it was persistent. I always felt that something was lodged in my sinuses that would not move - even the Netti Pot did not alleviate WELL! I used that Q1000 for several nights and felt this pressure under my right eye --so I stared BLOWING and you are not going to believe what dislodged itself -it looked exactly like a piece of wood about 1 1/4" long - I was so amazed and just kept looking at it. unbelievable Ie. I have not had any problems with that sinus since.

Thank you again, Valerie, for calling me and letting me know that you would be showing the LLL in my area. It has been a blessing for us. Love and Light. Fay Bailey

My thyroid is doing well. Went from 180mgs to 90mgs. Looking to decrease next month to half of that as well until I am off the pills. Then I work on my pancreas. Janet

Mary R J, age 59 years, has been suffering from Chronic Obstructive Pulmonary Disease with Emphysema. Two years ago, she started complaining of difficulty in breathing. Chest x-rays revealed minimal emphysema as hyperinflation. Repeated chest x-rays revealed increased hyperinflation and her breathing was taxed on exertion. Her symptoms were relieved some with bronchodilators. She has been given laser treatment to both left and right bronchial areas eleven times. The patient has stated that her breathing is definitely better since having the laser treatments. She still uses bronchodilators but not nearly so often. In everyday activity she has freedom which she lost for a while when she would have dyspnea readily on exertion. Therefore it appears that the laser treatments have made a material improvement in her medical condition. Dr. Donald McCabe, DO, Freeland, WA

My name is Bob Sweeney and I am writing this letter to thank you for your wonderful Laser instrument. I am a 71 year old man who has suffered from emphysema for over 3 years. I was on oxygen therapy 24 hours a day and could not leave the house and needed help with my bath, getting dressed and even getting around the house. Dr. Bill Stephens, my doctor in Buffalo had prescribed hydrogen peroxide and ozone therapy with minimal results. Then he began treating twice a week with mode 3 of your Q1000 laser. And then one morning I woke up and it seemed my emphysema was gone. I could breath without oxygen and felt 80% cured. I moved to Virginia and went back to work. After a year working in Virginia and not using your laser my emphysema is back and now I am back on oxygen. I had to quit my job and move back to Buffalo so Dr. Stephens can begin laser treatment again. I will let you know when I am well again. Sincerely, Bob Sweeney, Buffalo NY