

# QLaser Solutions

## April 2009

**QLaser Facts: Only 15 of 1000 laser diodes qualify to be a QLaser diode ... every QLaser diode is tested, calibrated and re-tested before leaving the factory.**

### *Laser Training with Dr. Larry Lytle*

Note: the opinions and ideas presented in the "Laser Training with Dr. Larry Lytle" section of this newsletter are those of Dr. Lytle only. No medical treatment claims are made or implied by the manufacturer of this laser equipment, Business Wizards, Inc., QLaser Solutions, nor any distributor associated with this equipment. This equipment is sold and intended for veterinary use.

*Dear Dr. Lytle, The current nursing facility housing my son has ceased to use the Laser, as the company which just took over says it's not something that they've done and want to research. We MUST convince the new faculty to use the Laser.*

I am sorry you are having problems with your health care facility. Maybe it would help to quote the recent FDA clearance for osteoarthritis to them. My goal is to help mankind and because of your enthusiasm for the QLaser System – one by one- I am reaching my goal – a big goal to say the least – but thank you for your support. Early on I realized that it is better use of my energy to assist those that are positive than “try to convince those that are negative” – so my advice to you is to ignore your son’s current facility and take charge of applying the laser yourself at his new temporary home.

Keep your energy positive – it will help your son more in the long run than trying to convince those who don’t want to be convinced

*Can you tell me if our Q1000 will remove the subject sun damage skin areas that form thick flakes which can be peeled off. My Dermatologist has been burning them off with liquid nitrogen but it is very painful and unsightly for some 3 weeks. What mode and time would be best? Any lotion/cream help?*

The Q1000 replaces lost electrons at the cell level so yes it is beneficial for most skin conditions including Actinic Keratosis. The Q1000 will

increase collagen production and normalizes the DNA so as to produce new healthy cells. How old is the person with Actinic Keratosis? The older the person – the slower the results. The skin is the largest detoxifying organ of the body so Actinic Keratosis could be a result of toxic build up. I suggest taking a tablespoon of Belly Gelly at bedtime and replenish the health flora with GeneFlora – 2 capsules AM and 2 capsules PM and apply mode 1 of the Q1000 directly over each area of Actinic Keratosis daily for one week and then every other day for two weeks, then twice a week until healed. If healing occurs sooner, discontinue the laser application

### **Simple Solutions for Sleep Apnea and Snoring**

Snoring is annoying and sleep apnea is downright dangerous. Snoring partners have gotten many elbows and harsh “turn over” commands, but few realize that snoring happens when the soft tissue in the back of the throat loses tissue tone and flutters when breathing. Sleep apnea is far more serious than ever thought to be. Former NFL hall of farmer Reggie White’s death is thought to have a contributing factor of sleep apnea. Reduction of blood flow to the brain, memory loss, loss of libido and other serious health risks are attributed to sleep apnea.

What most do not know is - sleep apnea is a dental problem. If you lose your back teeth (except wisdom teeth) or even lose the height of the back teeth the 68 pairs of “dental muscles” that control the lower jaw to maintain your bite, stay tight all day long. These muscles become fatigued and then at night they relax which allows the jaw to drop open and fall back leading to a collapse of the soft tissue of the throat – called sleep apnea. The catch 22 is, as you age, back teeth are pulled or shorten due to wear. Improper dentistry or whiplash types of accidents lead to the tightening of these “dental

muscles” which move the teeth further into the bone. Regardless of how the teeth get shorter it adds to your risk of sleep apneas.

There are many different interventional night breathing devices and dental splints offered by medicine and dentistry for snoring and sleep apnea. These devices do not address the cause which is of loss of quality tissue collagen. It would make good sense to rebuild the collagen.

A simple, quick and inexpensive self-help solution for snoring and sleep apnea is to place Miracle Bite Tabs (available from your QLaser Distributor) before bed, then push the jaw forward and tape the mouth shut with 3/4” paper tape.

A more permanent solution is to release the tight “dental muscles” and restore the quality of collagen by applying your QLaser to the tissue in the throat on a regular basis.

## Research

### FDA Reluctantly Admits Mercury Fillings Have Neurotoxic Effects on Children

For the first time, the FDA has issued a warning that the mercury contained in silver dental fillings may pose neurological risks to children and pregnant women. *"Dental amalgams contain mercury, which may have neurotoxic effects on the nervous systems of developing children and fetuses," reads a statement that has been added to the agency's Web site. "Pregnant women and persons who may have a health condition that makes them more sensitive to mercury exposure, including individuals with existing high levels of mercury bio-burden, should not avoid seeking dental care, but should discuss options with their health practitioner."*

### Another Good Reason to Avoid Metabolic Syndrome

Metabolic syndrome and then type 2 diabetes appear to be the most avoidable of age-related conditions: don't get fat and exercise regularly. It's not rocket science.

Here's another good reason to keep up with good health practices: cognitive functioning abilities drop as average blood sugar levels rise in people with type 2 diabetes.

The tests used in the study measured several aspects of memory function. For example, we tested one's ability to switch back and forth between

memory tasks or to 'multi-task,' an important skill for people needing to manage their diabetes. The results showed that a 1 percent increase in [average blood glucose levels] corresponded to slightly lower scores on tests of psychomotor speed, global cognitive function, memory and multiple task management. One of the little known complications of type 2 diabetes is memory decline leading to dementia, particularly Alzheimer's dementia. This study adds to the growing evidence that poorer blood glucose control is strongly associated with poorer memory function and that these associations can be detected well before a person develops severe memory loss.

**Note: while no specific medical treatment claims are made, it appears that regular use of the Q1000 laser over the pancreas can help lower/maintain healthy blood sugar levels.**

### Heart Disease, Diabetes Alzheimers & Some Cancers Linked To Chronic Low-Level Inflammation

There is a controversial theory that heart disease, diabetes, Alzheimer's, even some cancers are linked to chronic, low-level inflammation. The chairman of the Cleveland Clinic's Department of Cardiovascular Medicine, Dr. Nissen, flat-out states: *"If you reduce inflammation, you reduce the risk of heart disease."*

**Note: it is well known and scientifically proven that low level laser therapy is an effective tool against virtually all types of inflammation.**

### Low-Level Laser Therapy Improves Vision in Patients with Age-Related Macular Degeneration

In total, 203 patients (90 men and 113 women; mean age 63.4 ± 5.3 y) with beginning (“dry”) or advanced (“wet”) forms of AMD (n = 348 eyes) were included in the study. One hundred ninety three patients (mean age 64.6 ± 4.3 y; n = 328 eyes) with cataracts (n = 182 eyes) or without cataracts (n = 146 eyes) were treated using LLLT four times (twice per week). A semiconductor laser diode (780 nm, 7.5 mW, 292 Hz, continuous emission) was used for trans-conjunctival irradiation of the macula for 40 sec (0.3 J/cm<sup>2</sup>) resulting in a total dose of 1.2 J/cm<sup>2</sup>. Ten patients (n = 20 eyes) with AMD received mock treatment and served as controls. Visual acuity was measured at each visit.

Data were analyzed retrospectively using a t-test. Results: **LLLT significantly improved visual acuity in 162/182 (95%) of eyes with cataracts and 142/146 (97%) of eyes without cataracts.**

The prevalence of metamorphopsia, scotoma, and dyschromatopsia was reduced. In patients with wet AMD, edema and bleeding improved. The improved vision was maintained for 3–36 months after treatment. Visual acuity in the control group remained unchanged. No adverse effects were observed in those undergoing therapy.

Conclusion: In patients with AMD, LLLT significantly improved visual acuity without adverse side effects and may thus help to prevent loss of vision.

## New Testimonials

I was staggering and falling – especially when I would swing my golf club. A brain scan showed enlarged ventricles. My neurosurgeon diagnosed me with **non-tension hydrocephalus** (*Note: hydrocephalus is a condition in which the primary characteristic is excessive accumulation of cerebrospinal fluid in the brain which causes potentially harmful pressure on the tissues of the brain*) and scheduled me for surgery to place shunts. I had purchased the Q Laser System for my wife's arthritis and decided to use it on my head. I applied mode 2 of the Q1000 laser once daily on each temple for one cycle and within a week I was no longer staggering and falling so I cancelled the surgery. It has been over 6 months now and I have forgotten all about it and thanks to the Q1000 Laser I am now cured of non tension hydrocephalus. Dr. Marshall Stamper, Borrego Springs, CA

=====

Thank you for sending the DVD Low Level Laser Presentation. We are thankful that we read the ad in the news paper and found your product. It is helping us a lot. Sincerely, Shirley Detraz, Dunedin, FL

=====

We've had very good success healing my husband's **Psoriasis**, after many years of shots, pills and potions that did not help. In the two weeks since we received the laser, his psoriasis on his back is almost gone, and on his legs and arms it has been reduced. Ursula Williams, Hollister, CA

=====

I would be glad to share how we have used the Q1000 with our son with **autism**. Other families have also followed our example and had excellent results, too. We used mode 2 and then 2 special programmed modes - one for serotonin and dopamine and another for nerves. On a second laser we had the Universal Healing code programmed rather than the special nerves one and it seems to work as well. The first month Steven used each one of the 3 modes above for 15 minutes a day. One in the morning, one in the afternoon and the third one in the evening. The second month we backed off. He started by using it fewer minutes - 3 cycles each versus 5, then dropped to every other day. He gradually reduced his usage as he improved. He improved so much that after 6 months he was able to move into his own apartment (compared to requiring residential placement when we purchased the Q1000.) Once he moved into his own place he used the Q1000 about every two weeks or if he felt that he was not functioning as well. After 4 1/2 years of using the Q1000 at that frequency I gave him a Q10. He uses it as he feels the need and seems to not only be maintaining his improvement, but continues to improve. Today he works as a ramp agent for Delta Airlines and holds a second part-time job delivering pizzas. He continues to live in his own apartment and obviously drives independently. We would never have dreamed 5 years ago that he could function so well. I do need to tell you that after our successes with the Q1000 and understanding how energy is the key to helping the body, I have purchased and use several other devices, but I always recommend that parents start with the Q1000 if they can only afford one device. Our son is living proof that it helps and it works with a child of any age. Pat Knox

=====

I currently have 2 Q-1000's and the 660 & 808 enhancer probes. My own experience with the Q-1000 has been **phenomenal reversal of joint and nerve pain due to Lyme disease**. I am an Ayurvedic practitioner trained at the Ayurvedic Institute in Albuquerque, NM, and have been using the laser for over 4 years now and frequently use it with clients for pain management. Lalita Habib, Los Angeles, CA

=====

