

# QLaser Solutions

## October 2008

### *Laser Training with Dr. Larry Lytle*

Note: the opinions and ideas presented in the "Laser Training with Dr. Larry Lytle" section of this newsletter are those of Dr. Lytle only. No medical treatment claims are made or implied by the manufacturer of this laser equipment, Business Wizards, Inc., QLaser Solutions, nor any distributor associated with this equipment. This equipment is sold and intended for veterinary use.

#### *What do you knee about Drop foot?*

Foot drop is due to very tight muscles in the calf – sometimes caused by lying in bed on the back too much. Foot drop is a sympathetic dominated response and Miracle Bite Tabs will help. Apply mode 1 of your Q1000 to the proprioceptive points and to the calf muscles. You may need the 808 Enhancer in the groin and on the gluteus area. Take Inflamm-Away. Practice stretching the calf muscles by leaning against the wall with one leg out behind and then alternate

*My friend has been diagnosed (oops) with a breast issue for the 4th time complicated by a bacterial visitor from her surgery. Without giving the DX she is wanting to heal 2 large open ulcers in her skin and the underlying 'tumors' I have suggested a couple of the protocols in the laser book. She has applied the laser once daily for 10 days and every other for 5 days. She felt that the first 4 days she experienced the most positive change but in her opinion she has not seen any further change since then. She also reports (not a complaint) that the open wounds "burn" when the laser light is applied. May I have your opinion about possible direction with her care?*

When laser results are not as expected first check and make sure all the directions are

being followed. Recommendations for Breast tumor conditions are: (1) Detoxify with Belly Gelly and re-inoculate with GeneFlora; (2) make, wear and adjust daily or as needed MBTs; (3) take three Inflamm-Away 3 times a day between meals on an empty stomach; (4) take one teaspoon of Laser Assist Compound AM and one PM; (5) practice breathing rhythms as directed in Energy Transcendence during all waking hours to control her fear levels; (6) use positive imaging – put pictures of healthy breasts on the bathroom mirror and

## **The Back Page Special**

What's "The Back Page Special" doing on the front page this month? Easy ... I wanted to make sure you didn't miss your chance to obtain a copy of Dr. Lytle's **brand new book**

### ***Universal Healer Book 1, OsteoArthritis***

Universal Healer, Book 1 (UH1) reveals what causes osteoarthritis and how to eliminate or significantly reduce the pain, inflammation and stiffness that goes along with it.

In an osteoarthritis breakthrough recent scientific, double-blind studies (you can read about them in the book) show pain and inflammation reduced by 67% to 80% versus the placebo group!

#### ***UH1 Is Available Through The End Of October At Special Pre-Publication Discounts!***

See the flyer included with this month's newsletter for details.

Order copies for your friends or family and help them discover a secret to breaking "Big Drug's" dangerous strangle hold on their health.

I've included a couple of extra copies of the flyer so that you can give them to friends (if you want more, please let me know).

**Remember, the special pre-publication pricing is available through the end of October only.**

UH1 will begin shipping mid-November.

**Get Your Copies Today!**

etc.; (7) apply mode 3 of your Q1000 daily for one week and then every other day for the 2nd week. Since you applied the laser more often than recommended for open wounds, it is possible that you have gone down the back side of the bell curve – that is - the good accomplished the first four days has been halted. Don't worry though - if the laser went down the back side of the bell curve – nothing serious will happen. Initiate the above suggestions, wait for 3-4 days then apply mode 3 twice a week and she will heal. Another way to check to see how often you need to apply the laser is with “circles” as explained in Healing Light or in the appendix at the back of Low Level Laser User's Manual. You can also use “circles” to check to see if some additional frequencies might cancel the bacteria and you can use one or more of your free modes to install those frequencies.

*I have someone with serious Lyme's disease, and another who had a brain stem stroke 6 months ago, and is without speech or movement in hospital. Will the laser still be able do anything? The Lyme's disease woman is the worst that Dr Jernigan has seen ( he has a Q1000) and she has had it for 7 years. It was unrecognized here for some time.*

It would be beneficial for both of these people to place and wear MBTs at all times except eating. Check with the stroke victim's dentist to see if he/she has any models to make the MBTs or EAPG on. If so make them and the care giver can place them and keep them adjusted.. You can share the “Little Bear” video with this person's family. Apply the laser as per the manual for paralysis and stroke. Treatment may take a year but it probably is her/his best chance to recover. For the Lymes case, follow the directions in the manual (do not cut any corners) for autoimmune disease. She should use it daily for two to three weeks then every other day and reduce the frequency of use when the symptoms start to disappear.

## Research

### **Léger Survey Reports 84 Per Cent Of Ontario Physicians Feel Patients May Be Addicted To Prescription Painkillers.**

Prescription painkiller dependence is a serious problem in Ontario, according to the results of a new survey conducted by Léger Marketing polling 211 Ontario General Practitioners. The survey reports that **the majority of Ontario physicians (84%) feel that their patients may be addicted to commonly-prescribed painkillers** (i.e., opioid-based such as oxycodone, morphine, meperidine and acetaminophen-codeine).

### **Consumer Reports Urges Chronic Headache Sufferers to Examine Their Use of Pain Relief Drugs ... Regular Use of Pain Pills Can Make Headaches Worse**

YONKERS, N.Y., Sept. 2, PRNewswire-USNewswire -- Consumer Reports advises people who suffer from frequent headaches to talk to their doctors before reaching again into their medicine cabinets. **Overuse of prescription and over-the-counter pain medications can make headaches worse**, according to Consumer Reports' medical adviser Orly Avitzur, M.D., who reports in CR's October issue on how some consumers inadvertently create their own headaches, "People tend not to think of headache pills, especially those they can buy without a prescription, as 'serious' drugs," says Dr. Avitzur. "But, used improperly, even drugs like acetaminophen, ibuprofen, and aspirin can increase headache pain. Instead of reaching for a pill when a headache comes on, **people should consider alternatives.**

### **Low-Level Laser Therapy Improves Vision In Patients With Age-Related Macular Degeneration.**

Photomed Laser Surg.  
2008 Jun; 26 (3) : 241-5 Authors: Ivandic BT, Ivandic T

The objective was to examine the effects of low-level laser therapy (LLLT) in patients with age-related macular degeneration. In total, 203 patients with beginning ("dry") or advanced ("wet") forms of AMD were included in the study. One hundred ninety-three patients with cataracts (n = 182 eyes) or without cataracts (n = 146 eyes) were treated using LLLT four times (twice per week). A semiconductor laser diode (780 nm, 7.5 mW, 292 Hz, continuous emission) was used for transconjunctival irradiation of the macula for 40 sec (0.3 J/cm<sup>2</sup>) resulting in a total dose of 1.2 J/cm<sup>2</sup>. Ten patients (n = 20 eyes) with AMD received mock treatment and served as controls. Visual acuity was measured at each visit.

**RESULTS: LLLT significantly improved visual acuity in 162/182 (95%) of eyes with cataracts and 142/146 (97%) of eyes without cataracts.** The prevalence of metamorphopsia, scotoma, and dyschromatopsia was reduced. In patients with wet AMD, edema and bleeding improved. The improved vision was maintained for 3-36 mo after treatment. Visual acuity in the control group remained unchanged. No adverse effects were observed in those undergoing therapy. **CONCLUSION:** In patients with AMD, LLLT significantly improved visual acuity without adverse side effects and **may thus help to prevent loss of vision.**

### **The Ability of Low Level Laser Therapy to Prevent Muscle Tissue Damage Induced by Snake Venom.** Photochem

Photobiol 2008 Jul 17 Department of Pharmacology, Faculty of Medical Sciences, State University of Campinas (UNICAMP), Brazil.

Antivenom therapy has been ineffective in neutralizing the severe local fast developing tissue damage following snakebite envenoming. Herein, some effects of in situ helium neon (HeNe) laser irradiation on rat nerve-muscle preparation injected with Bothrops jararacussu venom are described. The tibialis

anterior muscle was injected with venom. Sixty minutes after venom injection, laser (HeNe) treatment was administered at three incident energy densities:

Dose 1, a single exposure of 3.5 J cm<sup>(-2)</sup>;

Dose 2, three exposures of 3.5 J cm<sup>(-2)</sup>;

Dose 3, a single exposure of 10.5 J cm<sup>(-2)</sup>.

Muscle function was assessed through twitch tension recordings whereas muscle damage was evaluated through histopathologic analysis, morphometry of area of tissue affected and creatine kinase (CK) serum levels, and compared to unirradiated muscles. **Laser application at the dose of 3.5 J cm reduced the area of injury by 64%, decreased the neuromuscular blockade (NMB) by 62% and reduced CK levels by 58%** when compared with unirradiated controls. Dose 2 showed a poorer benefit than dose 1, and dose 3 was ineffective in preventing the venom effects. Measurements of the absorbance of unirradiated and irradiated venom solution showed no difference in absorption spectra. In addition, no difference in the intensity of partial NMB in nerve-muscle preparation was shown by unirradiated and irradiated venom. The results indicate that the laser light did not alter venom toxicity. **We conclude that HeNe laser irradiation at a dosage of 3.5 J cm<sup>(-2)</sup> effectively reduces myonecrosis and the neuromuscular transmission blocking effect caused by B. jararacussu snake venom.**

Thus, low level laser therapy may be a promising tool to minimize the severity of some of the local effects of snake envenoming.

### **A Randomized Trial of Arthroscopic Surgery for Osteoarthritis of the Knee - Knee Surgery No Help for Arthritis**

The Wall Street Journal, 9/11/08.

Surgeons take it as an article of faith that a chance to cut is a chance to cure. So it's a pretty big deal when a study clearly shows that a common surgery doesn't actually help

certain patients. Even more so if the study is confirming similar results from a previous study. That's what happened this week, when the New England Journal of Medicine published a study that showed arthroscopic surgery doesn't provide any benefit for moderate to severe arthritis of the knee. Researchers randomly assigned nearly 200 patients to receive either surgery, drugs and physical therapy, or drugs and physical therapy alone. Three months later, patients who had surgery had slightly less pain than those who did not. But there was no significant difference between the two groups at six months, one year or two years. The difference at two years was the main measure the researchers looked at. A 2002 study had similar results. "We now have two independent, well-controlled trials that demonstrate that the procedure is ineffective."

## New Testimonials

I've been using my Q10 unit and I've had good results with it. So far everything I've used it for has really helped. These include a wasp sting; walking on a rusty nail; poison ivy; and a sore wrist from an old injury. The most impressive was a cough and sinus infection that I had been having for over a month. Even after the doctor visit and meds, it would not clear up. I noticed after the 1st time (Q10 treatment) a little improvement but after the 2nd time it really helped and is no longer a problem. The 3rd time did the trick. I'm also trying anti-aging and cosmetic therapy. Once so far. Audrey Miller, Sunset, LA

Dear Dr. Lytle, thank you for the most exceptional health care tool! Some of the conditions that I have observed assisted toward healing with the Q1000 include : eczema,

wounds, bruises, plantar fasciitis, bug bites, tenonitis, and on and on - just amazing! Geri Williams, DC, Michigan

*Note, the following testimonial has been preserved in it's original content and structure.*

First of all, i thank you very much david, for you have been the most wonderfull gift that god has given me. im taking the medication because of my disease - peri-arthritis nodosa. a doctor in bordeaux, france said was not curable but can be controlled through steroids. they said that i will have to take these medication for my whole life. i took the medications from 2004 to last year - until i was so deppresed,exhausted,my god help me,,,,i got to move on, and i finally asked dr. gawain to send me a blanket and the laser. so, finally i started using it in my leg, in my arms, i hit to the place where i really feel bad. 3 cycles of mode 1 then 3 cycles of mode 5. i used it every 4hours, it feels so relaxing every time after using it, of course inside the blanket, wow!!! in 3 days time of using it non stop every 4 hours,,,i can tell you,,it does make me feel really amazing!!! its magic!!!! i dont need to use it now, only when i really feel the pain again...but i still take my medication though,but not taking anymore the painkiller,,,thank you very much dr.gawain by helping me,,,this invention the whole world must know!!!

Testimonial received by Dr. David Gawain,  
QLaser Distributor from Elvie Lerasan,  
Barbados

### **September Testimonial Contest**

*"H e l l o .. Is anyone out there?"* (forlornely echoing loudly without response).

No entries received means no winners to announce. Confused and wondering if anyone is out there?

*Note: the testimonials shown in this months issue were received in previous months, and were not part of the contest.*