

QLaser Solutions

November 2007

Laser Training with Dr. Larry Lytle

Note: the opinions and ideas presented in the "Laser Training with Dr. Larry Lytle" section of this newsletter are those of Dr. Lytle only. No medical treatment claims are made or implied by the manufacturer of this laser equipment, Business Wizards, Inc., QLasers Solutions, nor any distributor associated with this equipment. This equipment is sold and intended for veterinary use.

Is laser contraindicated for people with pacemakers?

We do not recommend using either of the Enhancer probes over organs anytime, so they should not be used over the heart. However, the Q1000 is completely safe for those with pacemakers to use anywhere.

Are there any protocols for making teeth and/or gums more healthy and strong?

Yes, the Q1000 and Enhancer probes can be used successfully in the mouth - see the "Dental" pages of your Laser Users Manual.

Is the Laser OK with Pregnancy.

Yes, use the Q1000 as you normally would.

Is eye protection necessary for using the laser around the head and neck?

The Q1000 is a Class I, "non-significant risk" laser device ... which means it is safe enough to use around and even over (closed eyelids) the eyes. The 660 Enhancer is a Class IIIa laser device and the 808 Enhancer is a Class IIIb laser device - technically, we are required to suggest that eye wear may be indicated. However, when you study the protocols in the Laser Users Manual, use of these devices in or around the eyes is not recommended.

I am using q1000 and gold probe, and went to my dentist to have moulds made for proprioceptive guide, but there are a couple of questions. Is the guide made of thermo plastic? If so he says there is evidence that it will exacerbate bruxism. Will partial coverage allow the anterior teeth to over erupt if the

MBT's are worn full time? As there isn't a defined occlusal prescription on the appliance how does this help in establishing a satisfactory occlusion ultimately?

The Proprioceptive Guides are made of polycaprilacton which is an inert material. If the MBT's are made correctly and adjusted correctly and when needed, MBT's will help put the muscles in homeostasis and eliminate (not exacerbate) Bruxism.

Eruption of the front teeth does not happen if the Easy Adjust Proprioceptive Guides are adjusted and worn as designed. On rare occasions if the Proprioceptive Guides are worn too long the posterior teeth may depress which then makes the front teeth appear long or over erupted.

The Proprioceptive Guides, if adjusted often, are designed to put the muscles in homeostasis and when that is accomplished which can be as little as a few weeks to as long as a few months, then it is the job of your dentist or some dentist that understands neuromuscular dentistry to capture the occlusion and restore the height of the teeth in a way that keeps the muscles in homeostasis for the rest of your life. Remember faulty proprioception to the brain causes an imbalance in your autonomic nervous system which affects structural and mental stress and plays a roll in the malfunction of your internal organs.

I congratulate your dentist for studying in the area of proprioception. I urge you to bring him to one of my Healing Light Seminars and get him to buy the following educational materials - (1) The Dental Physician by Dr Al Fonder, (2) Healing Light DVDs (16 hours) by Dr Larry Lytle - as they will help to improve his understanding of this important area.

The Easy Adjust Proprioceptive Guides are designed for YOU, the patient, to wear and adjust - not for you to take to your dentist to adjust.

If your dentist is skilled in proprioceptive and neuromuscular dentistry, he/she probably already had their own design of orthotic. I emphasize that

traditional Bruxism splints and/or night guards are not designed and will not help faulty proprioception to the brain and in most cases make it worse.

My daughter had a severe blow to the bridge of her nose from a fall when she was 3. This resulted in strabismus. After healing sessions with a reiki healer, color therapy sessions (with a mini-spotlight and color slides) and many hours of vision therapy, the eye muscles have healed and the turning is slight and infrequent. She achieved stereo-optic vision 2 years ago. Today at 9/12 (she'll be 10 in November), she still experiences slight eye turning when she's tired. Which device would you recommend for healing her optic muscles and what would the protocol be? Also, I have astigmatism and near-sightedness and would love to restore my vision to 20/20. What would be the protocol for this? Lastly, I have scoliosis. It used to be an s-curve, but after undergoing quantum touch therapy this past year, I only have one slight curve in my lower back. However, because of the s-curve I continue to suffer from right shoulder pain and right hip pain. I'm not sure if there is deep inflammation or scarring that needs to be healed. I do use my lumbar extender to help stretch and relax my spine. This does help relieve the tightness but never eliminates the shoulder and hip pain. What protocol would you recommend for this?

Any blow to the head results in malformation of the 26 skull bones - particularly by jamming suture lines. I suggest your daughter be examined by a functional orthodontist immediately. Use mode 1 of the Q1000 laser for 6-8 breathes over the closed eye or the temples to keep the eye muscles in a state of homeostasis and control any discomfort, however it will not correct suture line or boney deformities cause by early injury.

Both astigmatism and near-sightedness is due to muscle problems and mode 1 of the Q1000 applied over the temple of over the closed eye lid for 6-8 breathes every other day will be beneficial in releasing those eye muscle.

Your scoliosis can be treated by following the directions in the Laser Users Manual. It is MANDATIORY that you make and wear

proprioceptive guides at all times except when eating and then apply mode 1 of the Q1000 and the 808 as directed in your Low Level Laser User's Manual. I also strongly suggest that you practice some form of Tai Chi or Yoga to keep the muscles in the back in homeostasis.

My daughter has one of your lasers and is sending it to me to try. I am having SEVERE head pain, had an MRI and that was clear but it seems to be the nerves are inflamed or something, but I can hardly stand the pain. I also have MS so have lesions in the head area also. I also struggle with High Blood pressure. Where should I use the laser for the head pain and where for blood pressure?

Apply mode 2 of the Q1000 laser to your head for one cycle (3 minutes) daily or as needed to control the pain. If the pain is in more than one spot, move the laser to cover all areas that hurt. For headaches apply mode 2 for one 3 minute cycle to the head where it hurts. Move as necessary to cover all areas. Apply mode 1 for sore joints and muscles for your MS and apply mode 3 to the nape of the neck for high blood pressure
Get my material and read about faulty proprioception. That plays a huge role in the conditions you have.

Ideas

You might remember a few issues back a short article about how many plastic water bottles the US goes through every year. Well, the good news is that the population has heard this story ... and plastic water bottles are now looked at with disdain in many circles ... so progress is being made.

Another "plastic" area we as a nation have run amok in is plastic shopping bags. The U.S. goes through 380 BILLION a year – and only 5.2% get recycled. In landfills, the other 360 BILLION (every year) could last as long as 1,000 years. These 380 billion bags cost us 1.6 billion gallons of oil each year.

Unfortunately, the new "compostable" bags aren't a much better option, as they only compose in a commercial composting facility – which most cities don't have. Within the dry confines of a landfill, compostable bags act just like plastic.

Can anyone say “paper” or re-usable cloth shopping bags?

Shocking Fact:

1 in 4 American adults did not read even ONE book last year. 2 in 4 read fewer than 6 books a year. Fewer than 2% read more than 25 books a year.

1% of all American adults are wealthy.

Wanna bet those lists match up? The admission requirements to the 1% club are not kept secret – read!

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New Testimonials

Pic 1 - Finger wound after first operation

Pic 2 - Finger wound after 2nd operation

Pic 3 - Finger wound 31 days later –after QLaser treatment.



Jonathan first experienced extreme pain in his middle finger on his left hand in April 2007. His local hospital diagnosed a streptococcus bacteria which had infected his joint. He was given intravenous antibiotics, and admitted.

He spent the following week in hospital with a second operation four days after the first. In between he was informed that he may lose his finger, or may choose to have it removed because there was no guarantee that he would be able to use it should it re-grow.

Two days after he had been discharged from hospital he heard about the Q1000. At this point he was quite unwell and his finger was still swollen and had two large open wounds. He was returning to the hospital twice a week. These appointments involved the filing out of all dead flesh and redressing the wound.

Just before he started using the laser he asked the hospital staff about light laser treatment. They told him that they often did more harm than good. At the same time they were telling him it was still quite likely his finger would be amputated.

Jonathan and his partner decided they had nothing to lose by using the laser. He started using the laser for three minutes a day. Almost immediately the hospital staff remarked how well the wound was healing. On one occasion they cautioned that the skin was growing too quickly for the wound, so he changed the setting and only lasered once every other day.

Within about three weeks a nerve had re-grown and he introduced the 808 probe in addition to the Q1000 on alternate days. After one week with the 808 the hospital decided he now only needed to attend once a fortnight (instead of twice a week).

The finger is now almost completely healed, with just a problem of movement in the second joint, where the tendon was cut and scar tissue remains.

“We have been very impressed with the laser and would recommend it whole heartedly! At some point we will be telling the hospital about the laser because they need to acknowledge that far from making things

worse, as they predicted, it probably contributed to saving my finger from amputation!" Jonathan Martin, London

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A friend introduced a heavysset lady in her late 50's, I think, to me, and said that her doctor told her that her kidneys were only functioning at 9%. She was told that if her kidney functions did not come up to at least 15%, that she would have to go on kidney dialysis. We treated her every other day for about six weeks with the Q1000, acupuncture points, and had her take Aloe Vera juice with cranberry juice. On her next visit to her doctor, she was told that her kidney efficiency was up to 36%, and was also told to throw away her Diabetes pills. Ted Oba

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I have to share with you a testimonial from friend of mine. He (Russ) suffered from severe carpal tunnel syndrome and tendonitis in his elbow. I applied the Q1000 Laser on his arms and his elbow (mode 1) for 2 sessions. I explained that because of the severity of his condition, I was not sure if the Q1000 Laser would be of any help to him. He was willing to try it since all conventional medicine had failed him.

It wasn't until late in the week I received a call from him. He had just gotten home from one of his construction projects where he was using a jack hammer all day breaking up concrete and re-piping a house. He explained to me that he no longer was using pain medication to help him go to sleep at night and that he was able to work the whole week w/o any residual pain from his carpal tunnel syndrome and tendonitis. He attributed this, (to his amazement) to the Q1000 Laser treatment on his arms and elbow. Now he wants to use it again on his hips and legs!

Daniel Schainen, Cuvler City, CA.

YOUR TESTIMONIAL may help another person realize the huge, life-changing benefits available to them with low level laser therapy! We can never have too many testimonials ... so please email (kip@rapidnet.com), fax (605-342-5739) or mail (520 Kansas City St., Ste 201, Rapid City, SD 57701) yours to me today!

Kip

Random Ideas

"There is no better opportunity to receive more than to be thankful for what you already have. Thanksgiving opens up the windows of opportunity for ideas to flow your way."

"One person caring about another represents life's greatest value."

Jim Rohn

The Back Page

Thanksgiving is a great time of year – actually one of my best liked holidays.

Much less hype and commercialism than “the big one” next month (call me a curmudgeon, but I don't much like the Christmas holiday.)

More focus on friends, family and the incredible value of relationships in our lives.

More focus on being thankful for what life has bestowed upon us ... and thanking those who have helped us along the way.

I value you and your relationship with me more than you may ever know.

Because of that, I have something very special for you this month.

I'm not going to tell you about it now because I want it to be a surprise ...

... but a package from me should be arriving in your mailbox later this month.

Look for it.

And please accept my heartfelt gratitude and thanks for being a client.

You are greatly appreciated.

Kip